

SANDWICHES

Served on your choice of Honey Whole Wheat, Harvest White, Dakota or Rosemary Garlic bread
These sandwiches are available at all five stores!

Queen City Favorite

Roasted turkey breast, provolone, lettuce, tomato and cucumber with avocado and homemade sweet Wasabi spread (570 - 600 cal.)

Baja Chipotle Turkey

Roasted turkey breast with pickled red onions, guacamole, provolone cheese and our signature chipotle honey lime sauce (620 - 650 cal.)

The Greenway

Roasted turkey breast, Swiss cheese, homemade pesto mayo, lettuce, tomato and red onion (550 - 580 cal.)

Carolina Chicken Salad

Chunky chicken in our signature seasoned mayo with sweet and spicy pecans (690 - 720 cal.)

Smokey Mountain

Roasted turkey breast, cream cheese, raspberry hot peppery jelly, lettuce and cucumber (600 - 650 cal.)

Harvest Hummus

Hummus, Swiss cheese, tomato chow-chow, lettuce, tomato and cucumber with guacamole (590 - 610 cal.)

Turkey Crunch

Roasted turkey breast with our signature seasoned mayo, cucumber and fresh pepper rings (570 - 620 cal.)

Tuna Salad

Classic tuna salad with mayo, lettuce, tomato and red onion. (570 - 630 cal.)

P.B. Silverstein

All natural peanut butter and jam

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available upon request.



BAKERY CAFE

Bread. The way it *ought* to be.

Our old-fashioned bakery specializes in scratch-made breads, goodies, and fresh-made sandwiches using pure and simple ingredients. We still believe in purchasing wheat from family-owned farms in Montana and fresh-milling our 100% whole-wheat flour every day. Our wholesome, made-to-order sandwiches are layered with high quality, nutritious ingredients, premium quality meats, gourmet-style spreads and fresh vegetables, and are served on the freshest, most flavorful bread.



Great Harvest Charlotte Breakfast and Lunch Menu

(some items are not currently available at all bakery/cafes)

Call any of our 5 great locations to place your order for pickup!

Cornelius
(980) 689- 5444

Kings Court
(704) 333- 0431

Mallard Creek
(704) 971- 7280

Matthews
(980) 262- 3090

Piper Glen
(704) 543- 5550

Follow us on Instagram and Facebook for updates!

CATERING

Think of Great Harvest for your next catered event!

SANDWICHES

Served on your choice of Honey Whole Wheat, Harvest White, Dakota or Rosemary Garlic bread
Only available at select locations!

Best BLT Ever

Crispy smoked bacon, lettuce and tomato with our home-made seasoned mayo (460 - 490 cal.)

Grilled Cheese

A classic made with cheddar cheese (340 - 370 cal.)

Spicy Apple Bacon Grilled Cheese

Melted cheddar and provolone with thinly sliced apples, raspberry pepper jelly and bacon (590 - 610 cal)

Ham & Cheese/ Turkey & Cheese

Smokemaster Ham, Swiss cheese, lettuce, tomato and red onion with mayo and Dijon mustard (610 - 640 cal.)

SALADS

Salad Dressings: Balsamic (160 cal.), Raspberry Vinaigrette (1195 cal.), Ranch (140 cal.), Poppy Seed Vinaigrette (195 cal.)

Chef Salad

Lettuce, tomato, cucumber, ham, turkey, cheddar and Swiss cheese (350 - 460 cal.)

Carolina Chicken Salad

Served with mixed greens, pepper slices, tomato, red onion, and cucumber slices (600 - 700 cal.)

Harvest Salad

Mixed greens, cranberries, sunflower seeds, apples, sweet and spicy pecans and parmesan cheese (350 - 460 cal.)

Tuna Salad

Served with mixed greens, pepper slice,s tomato, red onion, and cucumber slices (870 cal.)

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BREAKFAST

The best way to kickstart start your morning!
Only available at select locations!

Breakfast Paninis are made to order on your choice of Honey Whole Wheat, Harvest White, Dakota or Rosemary Garlic bread with your choice of Cheddar, Provolone, Swiss or Pepper Jack Cheese.

Egg & Cheese Panini

(520 - 550 cal.)

Ham, Egg & Cheese Panini

(670 - 700 cal.)

Bacon, Egg & Cheese Panini

(670 - 700 cal.)

Veggie, Egg & Cheese Panini

Choice of two veggies:

Tomato (5 cal.), Spinach (5 cal.), Avocado Spread (45 cal.), Green Bell Pepper (5 cal.) or Red Onion (5 cal.). (600 - 700 cal.)

Cheddar Biscuit - Weekends only

(300 - 380 cal.)

Egg & Cheese Biscuit - Weekends only

(400 - 580 cal.)

Muffin

(400 - 560 cal.)

Scuffin

(280 - 350 cal.)

Muffins and Scuffins are available in a variety of daily selections, made fresh every morning and hot out of the oven by 7 AM.

Visit our website at
www.greatharvestcharlotte.com
to view our monthly menu